



Professional Certificate in Pastoral Supervision

The Institute of Pastoral Counselling & Supervision
in association with
Sherwood Psychotherapy Training Institute

**October
2023 -
June 2024**

Six two day workshops delivered over one year, with time to embed learning within professional and ministerial practice

The Church in our current climate faces both crisis and opportunity. Reduced clergy numbers, exacerbated by the pandemic, mean that the tasks of ministry need to be reviewed, prioritised and structured as never before.

The changing nature of local ministry increasingly requires pastoral ministers to oversee teams and develop skills in line management, supervision and reflective practice, in order to enable one another to survive and thrive amidst the pressures of 21st century ministry, increasing in skill and wisdom and remaining accountable to those they serve.

As the Church nationally recognises that ongoing support for ordained ministers and active lay people is more vital than ever, we endeavour to encourage and resource this important ministry of watching over one another in love.



What are the course aims?

The current emphasis upon ministerial development means that the church needs practitioners with supervisory skills to facilitate creative reflection on the work of ministry.

Within a widening variety of settings, chaplains have an important role to play in fostering skills of reflective practice - in relation to spiritual care - within multi-disciplinary teams.

In addition, spiritual direction is increasingly seen as a life-giving ministry to the whole church and spiritual directors need opportunities to reflect on their practice and receive supervision for their work.

Equally, pioneer ministers, pastoral team leaders and counsellors and psychotherapists working with people of faith find themselves grappling with the on-going integration of spirituality, vocation and professional identity.

The Professional Certificate in Pastoral Supervision has been developed to address this cluster of training needs. It is a substantial course, which draws on both theological and psychological understandings of the mission and ministry of lay and ordained Christians in a variety of settings.

How will I learn?

The course operates as an ecumenical and multidisciplinary learning community, where your working experience is valued as the raw material for learning. This is built upon through a variety of activities, including facilitator and student-led seminars, small group experiential tasks and reflective practice demonstrations.

Your development as a supervisor will be monitored through assignment writing, a seminar presentation, peer supervision activities and audio recorded sessions with ongoing feedback from your peers and summative assessment by group facilitators.

Assignments are designed to contribute to your practice and will combine to create a portfolio of evidence of professional competence in pastoral supervision.



Who is the course for?

This course, which has been running since 2010, may be of interest to you if:

- You would like an in-depth understanding of pastoral supervision and effectively use it to support your ministry
- You would like to foster and develop skills in spiritual care within multi-disciplinary teams
- You would like to extend your existing line management capacity, by offering supervisory input and reflective practice to team members
- You would like to draw on both theological and psychological understandings of Christian mission and ministry in a variety of settings
- You would like to offer non-threatening supervision and reflective practice to a range of pastoral practitioners.



Come along to one of our Free Online Taster Days on 7th March, 18th May or 14th June 2023

Bookings and further details available from kathryn.addis@pastoralcs.org.uk

You can gain more information, try out some exercises and be interviewed for the course. You will find a booking form to secure your place on the day on our website.

How do I qualify?

This course is suitable for you if:

- You are currently engaged in pastoral and ministerial work in your context
- You have supervisory responsibilities within your setting where you can practise and apply your learning
- You have good listening skills
- You comply with your professional Code of Ethics.

What will I gain on completion?

- You will be able to give and receive pastoral supervision, working as a reflective practitioner with individuals and within groups
- You will have met the training criteria for accreditation by the Association for Pastoral Supervisors and Educators www.pastoralsupervision.org.uk
- The Professional Certificate in Pastoral Supervision is awarded by the Institute of Pastoral Counselling and Supervision.

When and where does the course take place?

The Professional Certificate in Pastoral Supervision teaching takes place at:

Emmanuel Church,
Forest Road,
Loughborough,
Leicestershire,
LE11 3NW

Course Dates

It will be delivered in a series of six two-day workshops, delivered in a combination of online and in person formats. Workshops normally take place on **Wednesdays and Thursdays**. As each workshop builds on the learning of the previous one, *a commitment to all 12 days is essential*.

18-19 Oct 2023

22-23 Nov 2023

17-18 Jan 2024

13-14 Mar 2024

1-2 May 2024

19-20 Jun 2024

The course was originally developed in conjunction with the Diocese of Southwell & Nottingham and is recognised by APSE.

What is the course fee?

The course fee is **£1350**.

Payment can either be made in full at the start of the course or in 4 installments of **£350**.

How do I apply?

You can contact us by

- Email: kathryn.addis@pastoralcs.org.uk
- Downloading an Application Form from the IPCS website www.pastoralcs.org.uk
- Please either email your completed Application Form to kathryn.addis@pastoralcs.org.uk or send it to:

IPCS Admissions,
Institute of Pastoral
Counselling & Supervision,
68 Longmoor Lane,
Breaston, Derby
DE72 3BB.





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