



# Professional Certificate in Pastoral Supervision

The Institute of Pastoral Counselling & Supervision  
in association with  
Sherwood Psychotherapy Training Institute

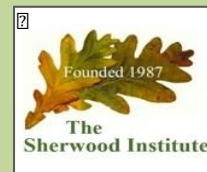
**October  
2022 -  
June 2023**

Six two day workshops delivered over one year, with time to embed learning within professional and ministerial practice

*The Church in our current climate faces both crisis and opportunity. Reduced clergy numbers, exacerbated by the pandemic, mean that the tasks of ministry need to be reviewed, prioritised and structured as never before.*

*The changing nature of local ministry increasingly requires pastoral ministers to oversee teams and develop skills in line management, supervision and reflective practice, in order to enable one another to survive and thrive amidst the pressures of 21<sup>st</sup> century ministry, increasing in skill and wisdom and remaining accountable to those they serve.*

*As the Churches nationally recognise that ongoing support for ordained ministers and active lay people is more vital than ever, we endeavour to encourage and resource this important ministry of watching over one another in love.*



## What are the course aims?

The current emphasis upon ministerial development means that the church needs practitioners with supervisory skills to facilitate creative reflection on the work of ministry.

Within a widening variety of settings, chaplains have an important role to play in fostering skills of reflective practice - in relation to spiritual care - within multi-disciplinary teams.

In addition, spiritual direction is increasingly seen as a life-giving ministry to the whole church and spiritual directors need opportunities to reflect on their practice and receive supervision for their work.

Equally, pioneer ministers, pastoral team leaders and counsellors and psychotherapists working with people of faith find themselves grappling with the on-going integration of spirituality, vocation and professional identity.

The Professional Certificate in Pastoral Supervision has been developed to address this cluster of training needs. It is a substantial course, which draws on both theological and psychological understandings of the mission and ministry of lay and ordained Christians in a variety of settings.

## How will I learn?

The course operates as an ecumenical and multidisciplinary learning community, where your working experience is valued as the raw material for learning. This is built upon through a variety of activities, including facilitator and student-led seminars, small group experiential tasks and reflective practice demonstrations.

Your development as a supervisor will be monitored through assignment writing, a seminar presentation, peer supervision activities and audio recorded sessions with ongoing feedback from your peers and summative assessment by group facilitators.

Assignments are designed to contribute to your practice and will combine to create a portfolio of evidence of professional competence in pastoral supervision.



## Who is the course for?

This course, which has been running since 2010, may be of interest to you if:

- You would like an in-depth understanding of pastoral supervision and effectively use it to support your ministry
- You would like to foster and develop skills in spiritual care within multi-disciplinary teams
- You would like to extend your existing line management capacity, by offering supervisory input and reflective practice to team members
- You would like to draw on both theological and psychological understandings of Christian mission and ministry in a variety of settings
- You would like to offer non-threatening supervision and reflective practice to a range of pastoral practitioners.

## Who are the Course Facilitators?

Anissa Chung



After a career in teaching, Anissa is now an experienced BACP accredited therapist, an UKCP registered psychotherapist and Supervisor. She has a well-established private practice for adults, and offers pastoral supervision to those who work in a church setting. Besides her clinical work, Anissa is a counselling coordinator for the Leicester Diocese and has been a trainer to MSc level at the Sherwood Institute, Nottingham until summer 2021. She finds it exciting to accompany all who want to explore their own journey, to experience personal and professional growth and transformation.

*BSc., PGCE, MSc Integrative Psychotherapist, PG Dip Supervision, MBACP Reg (Accred), UKCP Reg Accred Psychotherapist & Supervisor, APSE*

Dr Deanne Gardner



Deanne is an UKCP registered Psychotherapist and supervisor. She has an MA in Humanistic Person-centred Psychotherapy and her Professional Doctorate thesis explored the emotional demands made on clergy wives. Deanne's experience includes working as a secondary school counsellor, working in a charity with adults who had experienced childhood sexual abuse, and working with individuals who were in prison. In her established private practice she works with individuals and couples, and offers a reflective space to individuals who work within settings in which they hold pastoral and managerial positions. Deanne has a passion for encouraging dialogues around diversity and the experience of difference in group settings. Deanne is married to a church minister and is a member of a Pentecostal Church.

*DProf Counselling, MA Humanistic Person-centred Psychotherapy, UKCP Reg Accred Psychotherapist & Supervisor, APSE*

Dr. Ruth Layzell



Ruth is Co-Director of IPC and a former Director at the Sherwood Institute in Nottingham. Ruth has a background in social work, counselling and theological education and has a passion for using psychological and theological skills to resource and support Christians involved in all kinds of pastoral ministry. She completed a doctorate in practical theology in 2015 looking at the pastoral accompaniment of people experiencing psychological and spiritual extremity.

*DProf. Pastoral Theology, MA, BA, CQSW, Reg MBACP (Accred), APSE*

Helen Walley



Helen started her journey in counselling and then supervision over 2 decades ago after returning to England from living in Asia. Through working in a diverse variety of settings in Europe and UK Helen is now an experienced BACP accredited therapist, a counselling supervisor and a pastoral supervisor with a private practice in the East Midlands. She trained 5 years ago with IPCS. As a CofE reader and with a husband in parish ministry, she is aware of the challenging demands of ministry and service in different contexts and is committed to walking with others in training and supervision, encouraging the development of reflective and safe spaces for personal and professional growth. She has two sons and a grand-daughter.

*BA, Adv Dip in Pastoral Studies, Dip Person-centred Counselling & Psychotherapy, Adv Dip CBT, Dip Counselling Supervision, Cert in Reflective Practice & Pastoral Supervision, MBACP Reg (Accred), APSE*



**Come along to one of our Free Online Taster Days on 24th March or 11th May**  
**Bookings and further dates available from**  
**[Collette.colver@spti.net](mailto:Collette.colver@spti.net)**

You can gain more information, try out some exercises and be interviewed for the course. You will find a booking form to secure your place on the day on our website.

## How do I qualify?

This course is suitable for you if:

- You are currently engaged in pastoral and ministerial work in your context
- You have supervisory responsibilities within your setting where you can practise and apply your learning
- You have good listening skills
- You comply with your professional Code of Ethics.

## What will I gain on completion?

- You will be able to give and receive pastoral supervision, working as a reflective practitioner with individuals and within groups
- You will have met the training criteria for accreditation by the Association for Pastoral Supervisors and Educators  
[www.pastoralsupervision.org.uk](http://www.pastoralsupervision.org.uk)
- The **Professional Certificate in Pastoral Supervision** is awarded by the Institute of Pastoral Counselling and Supervision.

## When and where does the course take place?

The Professional Certificate in Pastoral Supervision currently has mixed mode delivery with the first and last workshops in person and workshops 2-5 online. In person workshops take place at

Emmanuel Church, Forest Road,  
Loughborough, LE11 3NW

## Course Dates

It will be delivered, either online or face to face if possible, in a series of **six two-day workshops**, which normally take place on **Wednesdays and Thursdays**. As each workshop builds on the learning of the previous one, *a commitment to all 12 days is essential. Exact dates tbc*

**19-20 Oct 2022**  
**16-17 Nov 2022**  
**18-19 Jan 2023**  
**15-16 Mar 2023**  
**26-27 Apr 2023**  
**15-16 Jun 2023**

The course was originally developed in conjunction with the Diocese of Southwell & Nottingham and is recognised by APSE.

## What is the course fee?

The course fee is **£1250**.

Payment can either be made in full at the start of the course or in 4 installments of **£325**.

## How do I apply?

You can contact us by

- Phone: 0115 924 3994
- Email: [collette.colver@spti.net](mailto:collette.colver@spti.net)
- Downloading an Application Form from the SPTI website [www.spti.net](http://www.spti.net)
- Please either email your completed Application Form to [collette.colver@spti.net](mailto:collette.colver@spti.net) or send it:

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Nottingham NG1 6FW.

