

COMPANY REGISTRATION NUMBER: 03598261

Sherwood Counselling and Psychotherapy Limited
Financial Statements
31 August 2018

Sherwood Counselling and Psychotherapy Limited

Financial Statements

Year Ended 31 August 2018

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Sherwood Counselling and Psychotherapy Limited

Officers and Professional Advisers

The Board of Directors

Mr A J Fookes
Mrs A J Fookes
Mrs R E Layzell

Company Secretary

Mrs A J Fookes

Registered Office

22 Eldon Business Park
Eldon Road
Attenborough
Beeston
Nottingham
NG9 6DZ

Auditor

Smith Cooper Audit Limited
Chartered Accountants & Statutory Auditor
St. Helens House
Cathedral Quarter
King Street
Derby
DE1 3EE

Sherwood Counselling and Psychotherapy Limited

Directors' Report

Year Ended 31 August 2018

The directors present their report and the financial statements of the company for the year ended 31 August 2018.

Principal Activities

The principal activity of the company during the year was the provision and supply of education and vocational training. The company is non-profit making with all funds reinvested in its principal activity.

Directors

The directors who served the company during the year were as follows:

Mr A J Fookes
Mrs A J Fookes
Mrs R E Layzell

Directors' Responsibilities Statement

The directors are responsible for preparing the directors' report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and the profit or loss of the company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Sherwood Counselling and Psychotherapy Limited

Directors' Report (*continued*)

Year Ended 31 August 2018

Auditor

Each of the persons who is a director at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the company's auditor is unaware; and
- they have taken all steps that they ought to have taken as a director to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Small Company Provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 20 May 2019 and signed on behalf of the board by:

Mrs A J Fookes
Director

Sherwood Counselling and Psychotherapy Limited

Directors' Report *(continued)*

Year Ended 31 August 2018

Auditor

Each of the persons who is a director at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the company's auditor is unaware; and
- they have taken all steps that they ought to have taken as a director to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Small Company Provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 20 May 2019 and signed on behalf of the board by:



Mrs A J Fookes
Director

Sherwood Counselling and Psychotherapy Limited

Independent Auditor's Report to the Members of Sherwood Counselling and Psychotherapy Limited

Year Ended 31 August 2018

Opinion

We have audited the financial statements of Sherwood Counselling and Psychotherapy Limited (the 'company') for the year ended 31 August 2018 which comprise the statement of income and retained earnings, statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 August 2018 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for Opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions Relating to Going Concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Sherwood Counselling and Psychotherapy Limited

Independent Auditor's Report to the Members of Sherwood Counselling and Psychotherapy Limited (continued)

Year Ended 31 August 2018

Other Information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The directors are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on Other Matters Prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

Matters on Which We are Required to Report by Exception

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

Sherwood Counselling and Psychotherapy Limited

Independent Auditor's Report to the Members of Sherwood Counselling and Psychotherapy Limited (*continued*)

Year Ended 31 August 2018

Responsibilities of Directors

As explained more fully in the directors' responsibilities statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.

Sherwood Counselling and Psychotherapy Limited

Independent Auditor's Report to the Members of Sherwood Counselling and Psychotherapy Limited (continued)

Year Ended 31 August 2018

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of Our Report

This report is made solely to the company's members, as a body, in accordance with chapter 3 of part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Janet Morgan (Senior Statutory Auditor)

For and on behalf of
Smith Cooper Audit Limited
Chartered Accountants & statutory auditor
St. Helens House
Cathedral Quarter
King Street
Derby
DE1 3EE

20 May 2019

Sherwood Counselling and Psychotherapy Limited

Statement of Income and Retained Earnings

Year Ended 31 August 2018

	Note	2018 £	2017 £
Turnover	4	1,091,807	991,055
Cost of sales		<u>533,674</u>	<u>503,960</u>
Gross Profit		558,133	487,095
Administrative expenses		<u>470,512</u>	445,175
Operating Profit	5	87,621	41,920
Other interest receivable and similar income	8	<u>133</u>	30
Profit Before Taxation		87,754	41,950
Tax on profit	9	<u>16,871</u>	<u>8,330</u>
Profit for the Financial Year and Total Comprehensive Income		<u>70,883</u>	<u>33,620</u>
Retained Earnings at the Start of the Year		184,872	151,252
Retained Earnings at the End of the Year		<u>255,755</u>	<u>184,872</u>

All the activities of the company are from continuing operations.

The notes on pages 11 to 17 form part of these financial statements.

Sherwood Counselling and Psychotherapy Limited

Statement of Financial Position

31 August 2018

	Note	2018 £	2017 £
Fixed Assets			
Tangible assets	10	25,771	26,786
Current Assets			
Debtors	11	33,198	35,437
Cash at bank and in hand		<u>386,635</u>	<u>328,618</u>
		419,833	364,055
Creditors: amounts falling due within one year	12	<u>187,149</u>	<u>203,512</u>
Net Current Assets		<u>232,684</u>	<u>160,543</u>
Total Assets Less Current Liabilities		<u>258,455</u>	<u>187,329</u>
Provisions			
Taxation including deferred tax	13	<u>2,698</u>	<u>2,455</u>
Net Assets		<u>255,757</u>	<u>184,874</u>
Capital and Reserves			
Called up share capital	16	2	2
Profit and loss account		<u>255,755</u>	<u>184,872</u>
Shareholders Funds		<u>255,757</u>	<u>184,874</u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of FRS 102 section 1A- small entities.

These financial statements were approved by the board of directors and authorised for issue on 20 May 2019, and are signed on behalf of the board by:



Mrs A J Fookes
Director

Company registration number: 03598261

The notes on pages 11 to 17 form part of these financial statements.

Sherwood Counselling and Psychotherapy Limited

Statement of Cash Flows

Year Ended 31 August 2018

	2018 £	2017 £
Cash Flows from Operating Activities		
Profit for the financial year	70,883	33,620
<i>Adjustments for:</i>		
Depreciation of tangible assets	10,992	12,214
Other interest receivable and similar income	(133)	(30)
Tax on profit	16,871	8,330
Accrued (income)/expenses	(20,918)	59,329
<i>Changes in:</i>		
Trade and other debtors	2,239	(6,166)
Trade and other creditors	(3,995)	22,560
Cash generated from operations	<u>75,939</u>	<u>129,857</u>
Interest received	133	30
Tax paid	(5,879)	(8,126)
Net cash from operating activities	<u>70,193</u>	<u>121,761</u>
Cash Flows from Investing Activities		
Purchase of tangible assets	(9,977)	(22,588)
Net cash used in investing activities	<u>(9,977)</u>	<u>(22,588)</u>
Cash Flows from Financing Activities		
Proceeds from loans from group undertakings	(2,199)	(2,171)
Net cash used in financing activities	<u>(2,199)</u>	<u>(2,171)</u>
Net Increase in Cash and Cash Equivalents	58,017	97,002
Cash and Cash Equivalents at Beginning of Year	328,618	231,616
Cash and Cash Equivalents at End of Year	<u>386,635</u>	<u>328,618</u>

The notes on pages 11 to 17 form part of these financial statements.

Sherwood Counselling and Psychotherapy Limited

Notes to the Financial Statements

Year Ended 31 August 2018

1. General Information

The company is a private company limited by shares, registered in England and Wales. The address of the registered office is 22 Eldon Business Park, Eldon Road, Attenborough, Beeston, Nottingham, NG9 6DZ.

The trading address is Thiskney House, 2 St James Terrace, Nottingham, NG1 6FW.

2. Statement of Compliance

These financial statements have been prepared in compliance with section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland and the Companies Act 2006.

3. Accounting Policies

Basis of Preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity. The financial statements are rounded to the nearest GBP.

Judgements and Key Sources of Estimation Uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Revenue Recognition

Turnover represents amounts due in respect of services provided during the year.

Revenue from the rendering of services is measured by reference to the stage of completion of the service transaction at the end of the reporting period provided that the outcome can be reliably estimated. When the outcome cannot be reliably estimated, revenue is recognised only to the extent that expenses recognised are recoverable.

Income Tax

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in profit or loss, except to the extent that it relates to items recognised in other comprehensive income or directly in equity. In this case, tax is recognised in other comprehensive income or directly in equity, respectively.

Sherwood Counselling and Psychotherapy Limited

Notes to the Financial Statements *(continued)*

Year Ended 31 August 2018

3. Accounting Policies *(continued)*

Income Tax *(continued)*

Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Deferred tax is recognised in respect of all timing differences at the reporting date. Unrelieved tax losses and other deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.

Operating Leases

Rentals paid under operating leases are recognised as an expense over the lease term on a straight-line basis.

Tangible Assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Property Improvements	-	15% reducing balance
Fixtures and Fittings	-	25% straight line

Impairment of Fixed Assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

Sherwood Counselling and Psychotherapy Limited

Notes to the Financial Statements (continued)

Year Ended 31 August 2018

3. Accounting Policies (continued)

Impairment of Fixed Assets (continued)

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial Instruments

The company only enters into basic financial instruments transactions result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in non-puttable ordinary shares.

Defined Contribution Plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as a finance cost in profit or loss in the period in which it arises.

4. Turnover

Turnover arises from:

	2018	2017
	£	£
Rendering of services	<u>1,088,051</u>	<u>991,055</u>

The whole of the turnover is attributable to the principal activity of the company wholly undertaken in the United Kingdom.

5. Operating Profit

Operating profit or loss is stated after charging:

	2018	2017
	£	£
Depreciation of tangible assets	10,992	12,214
Impairment of trade debtors	393	3,742
Operating lease rentals	69,240	69,710
Fees payable for the audit of the financial statements	<u>3,000</u>	<u>3,000</u>

Sherwood Counselling and Psychotherapy Limited

Notes to the Financial Statements *(continued)*

Year Ended 31 August 2018

6. Staff Costs

The average number of persons employed by the company during the year amounted to 12 (2017: 11).

The aggregate payroll costs incurred during the year, relating to the above, were:

	2018	2017
	£	£
Wages and salaries	228,387	192,842
Social security costs	10,925	11,627
Other pension costs	6,664	1,757
	245,976	206,226

7. Directors' Remuneration

The directors' aggregate remuneration in respect of qualifying services was:

	2018	2017
	£	- £
Remuneration	52,433	45,085
	52,433	45,085

8. Other Interest Receivable and Similar Income

	2018	2017
	£	£
Interest on cash and cash equivalents	133	30
	133	30

9. Tax on Profit

Major components of tax expense

	2018	2017
	£	£
Current tax:		
UK current tax expense	16,624	5,875
Adjustments in respect of prior periods	4	-
Total current tax	16,628	5,875
Deferred tax:		
Origination and reversal of timing differences	243	2,455
Tax on profit	16,871	8,330

Sherwood Counselling and Psychotherapy Limited

Notes to the Financial Statements *(continued)*

Year Ended 31 August 2018

10. Tangible Assets

	Land and buildings £	Fixtures and fittings £	Total £
Cost			
At 1 September 2017	61,992	69,205	131,197
Additions	–	9,977	9,977
At 31 August 2018	<u>61,992</u>	<u>79,182</u>	<u>141,174</u>
Depreciation			
At 1 September 2017	55,196	49,215	104,411
Charge for the year	1,020	9,972	10,992
At 31 August 2018	<u>56,216</u>	<u>59,187</u>	<u>115,403</u>
Carrying amount			
At 31 August 2018	<u>5,776</u>	<u>19,995</u>	<u>25,771</u>
At 31 August 2017	<u>6,796</u>	<u>19,990</u>	<u>26,786</u>

11. Debtors

	2018 £	2017 £
Trade debtors	21,639	22,429
Prepayments and accrued income	7,779	7,980
Directors loan account	3,168	3,168
Other debtors	612	1,860
	<u>33,198</u>	<u>35,437</u>

12. Creditors: amounts falling due within one year

	2018 £	2017 £
Trade creditors	39,345	47,687
Amounts owed to group undertakings	9,216	11,415
Accruals and deferred income	114,904	135,822
Corporation tax	16,624	5,875
Social security and other taxes	4,673	–
Other creditors	2,387	2,713
	<u>187,149</u>	<u>203,512</u>

Sherwood Counselling and Psychotherapy Limited

Notes to the Financial Statements *(continued)*

Year Ended 31 August 2018

13. Provisions

	Deferred tax (note 14) £
At 1 September 2017	2,455
Additions	243
At 31 August 2018	<u>2,698</u>

14. Deferred Tax

The deferred tax included in the statement of financial position is as follows:

	2018 £	2017 £
Included in provisions (note 13)	<u>2,698</u>	<u>2,455</u>

The deferred tax account consists of the tax effect of timing differences in respect of:

	2018 £	2017 £
Accelerated capital allowances	<u>2,698</u>	<u>2,455</u>

15. Employee Benefits

Defined contribution plans

The amount recognised in profit or loss as an expense in relation to defined contribution plans was £6,664 (2017: £1,757).

16. Called Up Share Capital

Issued, called up and fully paid

	2018		2017	
	No.	£	No.	£
Ordinary shares of £1 each	<u>2</u>	<u>2.00</u>	<u>2</u>	<u>2.00</u>

17. Directors' Advances, Credits and Guarantees

Directors' were paid advances with £3,168 (2017: £3,168) outstanding at 31 August 2018. The highest balance during the year was £3,168.

Sherwood Counselling and Psychotherapy Limited

Notes to the Financial Statements *(continued)*

Year Ended 31 August 2018

18. Related Party Transactions

A management charge of £3,000 (2017 £3,000) was paid during the year to The Sherwood Psychotherapy Training Institute Limited with £9,216(2017 £11,415) owed to The Sherwood Psychotherapy Training Institute Limited.

The ultimate controlling party is two directors who jointly hold 75% of the issued share capital of The Sherwood Psychotherapy Training Institute Limited.

The company rents its business premises from two directors of the company, rent of £69,240 (2017-£69,710) was paid during the year.

19. Controlling Party

The ultimate parent company is The Sherwood Psychotherapy Training Institute Limited.