

Keynote description

Using my experiences of being a researcher, co-researcher and working with other researchers as a psychotherapist I will explore some of the **common questions and challenges** that are often faced and how the additional factors of **power relations** and **identification with a minoritized or marginalised group** enriches and transforms the experience of research for all involved.

Val Watson- biography

Dr Val (Valerie) Watson, (she/her) is an independent counselling and psychotherapy practitioner, supervisor, coach, consultant, and trainer. Val has experience of working in education, public health, and social work settings at all levels, for over 30 years and has extensive voluntary work experience with community-based organisations and projects. She has a passion for racial justice and maintains a continuing interest in community work and pursuing social change which addresses issues of inclusion, belonging and dignity for all. She has published chapters in edited texts and articles on race and counsellor education. Val has held divisional executive roles with BACP Coaching and University and College divisions. She also holds several voluntary senior leadership roles at Director and Chairperson level



Book Now:

www.spti.net/research_showcase/