



# Level 2 Award in Counselling Concepts

## Frequently Asked Questions

### What academic standard is Level 2?

- It is equivalent to a GCSE level of study.

### How long is the course?

- This is a 30-hour introductory course in counselling. It is delivered over 5 days in five consecutive weeks – each day is from 9.30 – 4.30pm (6 hours training)

### How are students assessed?

- Written assessment:
  - There is NO exam and students are assessed through their written work.
  - Students are to complete homework by answering specific questions set in the Handbook after each training session.
  - Students write five reflective journals to show personal development.
  - All written work is marked and internally moderated. Some work is subject to Skills & Education Group External Verification.
- Skills practice:
  - Students are continually assessed in the listening skills practice sessions.
- Attendance:
  - Students are required to attend a minimum of 80% of the course.

### What will I achieve?

- Upon successful completion of the course, you will achieve an Award in Counselling Concepts (5 credits at Level 2)

### What do I need for the course?

- Students will need access to a computer and be competent in word processing to complete written work. Also, there are course learning materials to download from our virtual learning environment, Moodle.
- All written work should be typed and stored on a computer or on a memory stick.
- There is no obligation to purchase any textbooks though further learning through reading is encouraged.

### How much study/homework time is required per week?

- This entirely depends on individual's learning style and capacity. On average, for the 5-week fast-track course, students will require to set aside 6-8 study hours per week.

### How much is the course fee?

- The course fee is £390 for 2025-26

### How many places are there on the course?

- There are 15 places available per intake.



### Who can apply?

- Anyone who is interested in learning fundamental counselling concepts or would like to improve on their listening skills.
- There is NO requirement of previous academic qualification or work experience in this field.
- This is an open access course, and you are expected to take responsibility for your own learning.

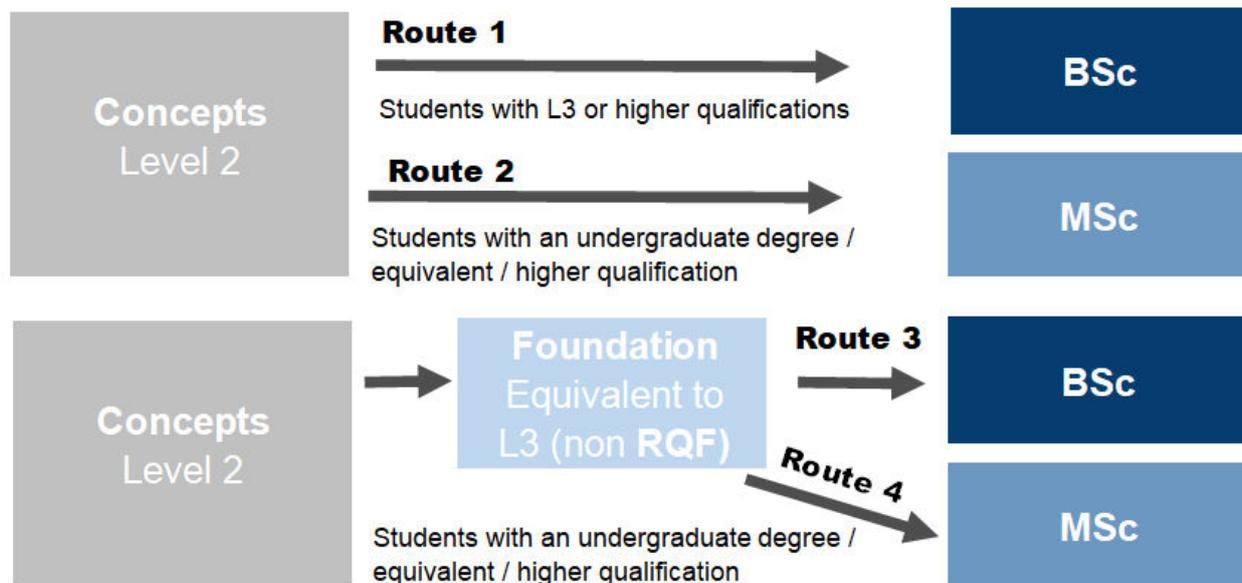
### How to apply?

- Complete the application form which can be downloaded from the SPTI website [www.spti.net](http://www.spti.net).
- Submit the application form together with ONE reference to support your application and a copy of your ID (such as a driving licence or passport).
- Once your application is approved, please pay the course fee to secure your place on the course.
- Offers are made in a first come first serve basis.

### How to progress after this course?

Many students who complete the programme go on to access further training in counselling and psychotherapy. The following routes are available at SPTI which offers a range of courses enabling students to progress from introductory through to BSc or MSc accredited professional counselling and psychotherapy training.

## Progression Routes



Further details of SPTI counselling and psychotherapy programmes and entry requirements can be found on the SPTI website: [spti.net/courses/](http://spti.net/courses/)

Or contact us via: [spti.net/quality/contact/](http://spti.net/quality/contact/)

Admissions Tel: 0115 9243994

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